



Kiwaniis[®]
OHIO DISTRICT

Club Coaches Training – Part 2

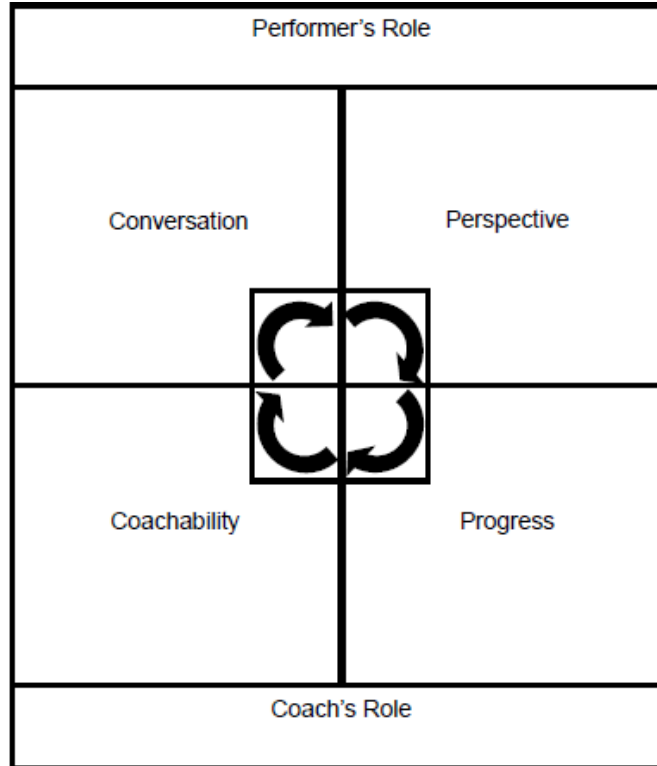
Objectives

- Understand the role
- Learn the coaching model
- Practice effective coaching conversations
- Learn the tools
- Next steps





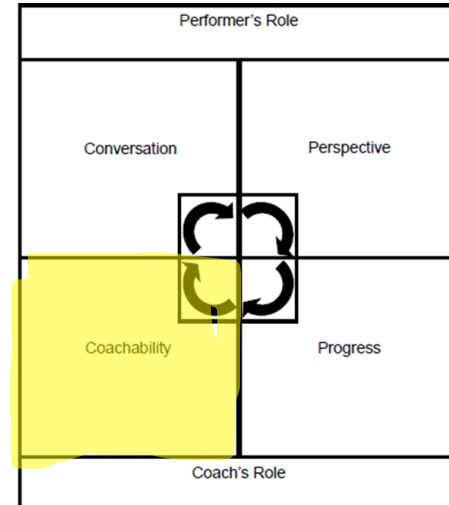
Coaching model



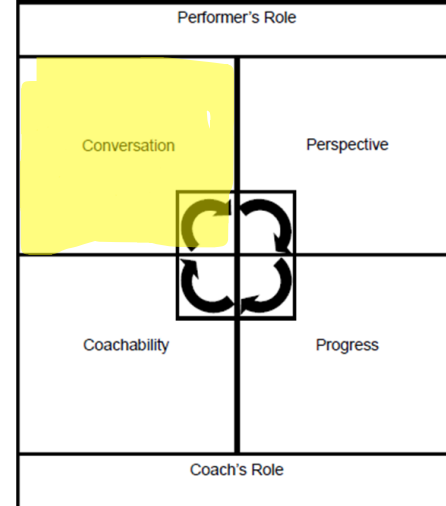
Coachable Ready



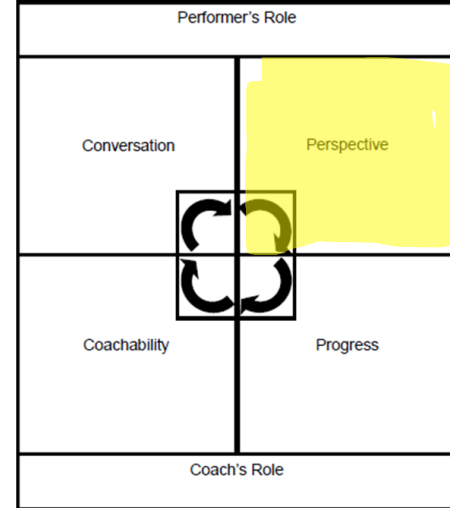
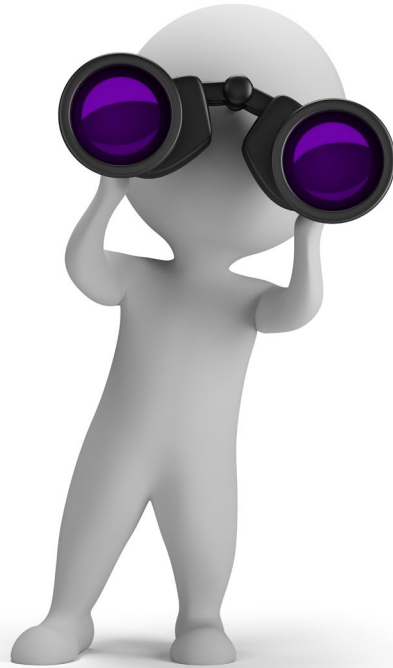
- Yes
- No
- Don't know



Conversation skills



Perspective skills





Perspective skills

- Help the performer gain a healthy perspective
- Needed the most when they are stuck or overwhelmed
- Helps with critical thinking and context





Why performers lack perspective

- Incomplete information
- Worrier
- Feeling overwhelmed
- Outside influences
- Familiarity





How coaches help

- Use critical thinking
- Use systematic thinking
- Putting things in context



Let's practice



Critical thinking



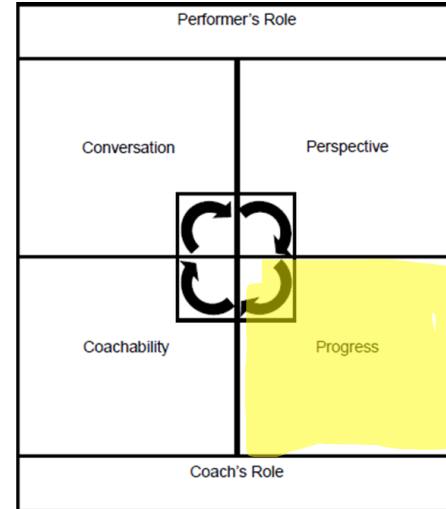
- Top of the sheet write a problem or challenge in your partner's club they want to solve.
- Take 4 minutes to interview your partner using the questions on the worksheet.
- Switch roles and repeat.

Critical thinking debrief



- As the coach - How did the conversation go?
- As the performer – How did you feel being asked these questions? Did you notice any of your triggers popping up?
- How can you use this tool?

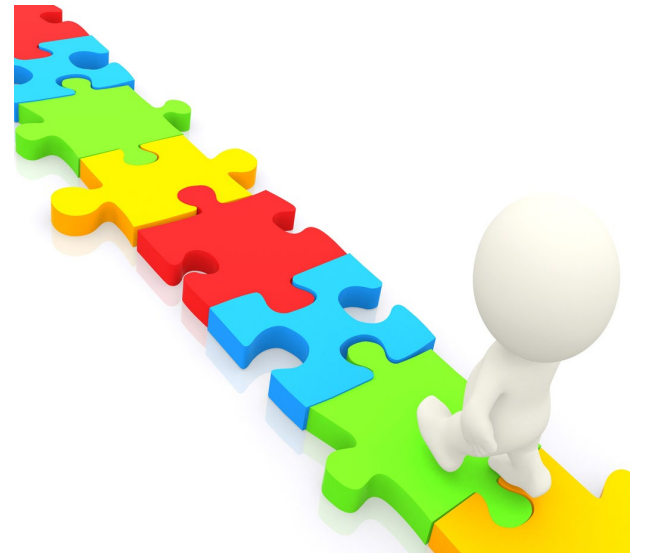
Progress skills





Progress skills

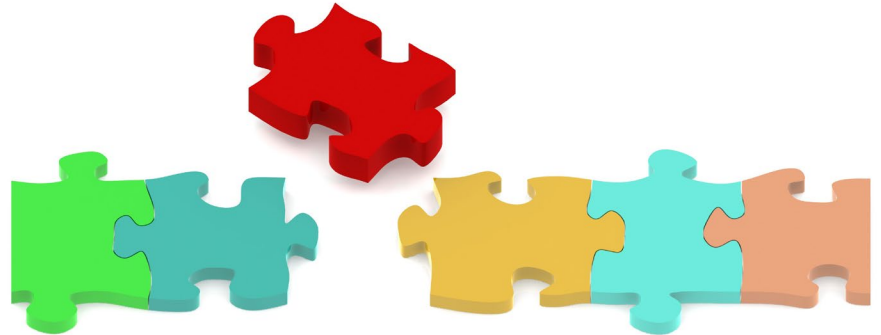
- Progress is a powerful motivator
- Coaches help by:
 - Helping create a plan
 - Managing agreements
 - Inspiring action





Action plan

- Create a plan with achievable steps
 - Include rewards for completion
 - Make them fun
 - Small steps
 - Noticeable progress





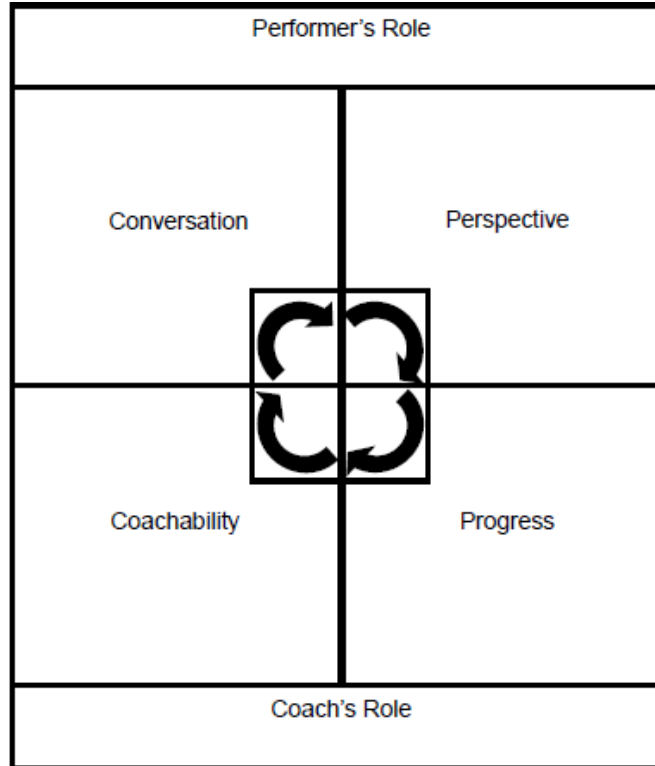
Prompts to facilitate progress

- What's the next step?
- Who could help you to get things moving forward?
- What can I do to help you move forward?





Review coaching model





Tools & resources

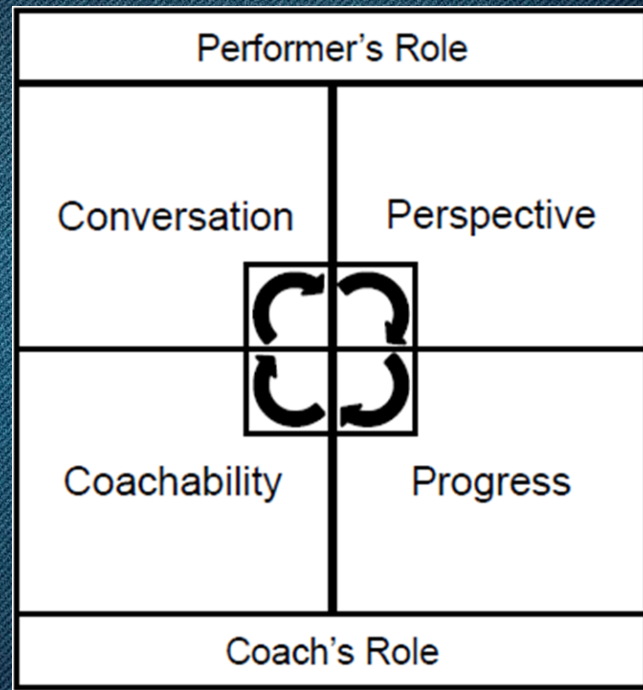
- Achieving Club Excellence
 - [Kiwanis.org/acetools](https://www.kiwanis.org/acetools)
- Membership Committee Training
- Online tools
- Each other



Wrap up

- Questions
- Next Steps
 - Commitment
 - Practice
 - Results
- Handouts/Resources

<https://tinyurl.com/clubcoachinghandouts>



Thank you for participating!

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